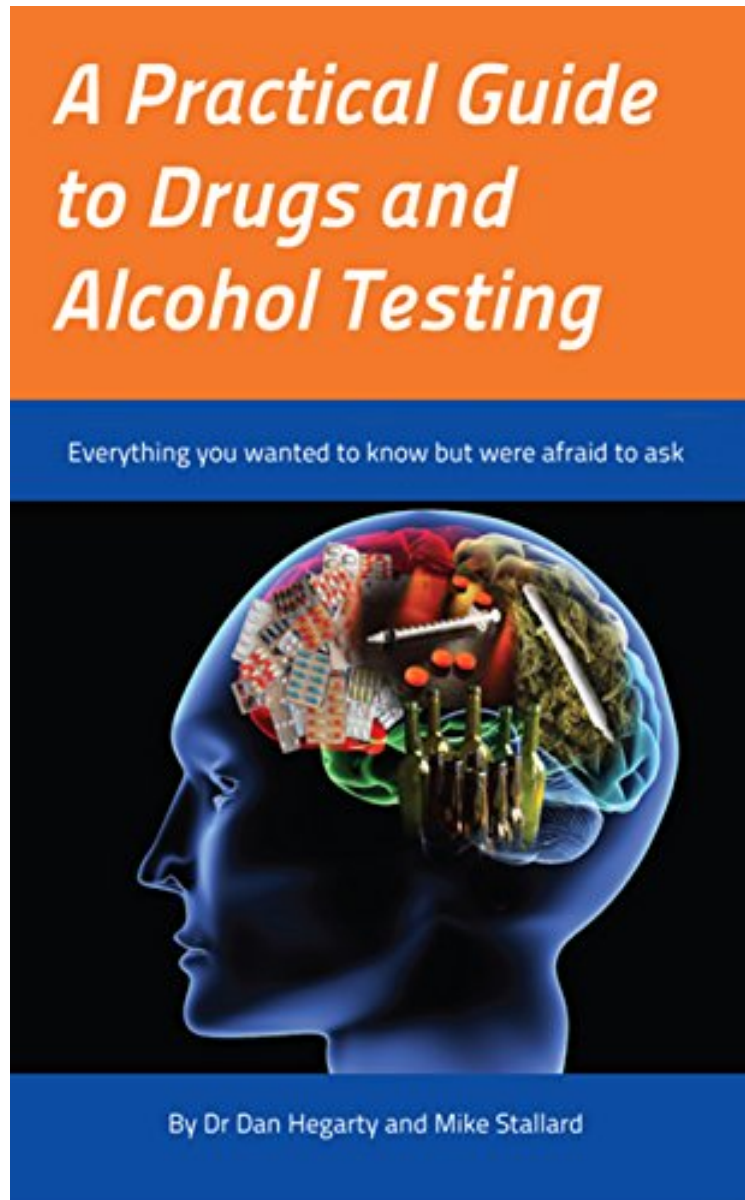


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## **A Practical Guide to Drugs and Alcohol Testing: Everything you wanted to know about drugs and alcohol testing but were afraid to ask**

*Dr Dan Hegarty, Mike Stallard*  
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Drugs and alcohol problems are commonplace within society and have significant impacts within the workplace. Workplace consequences include increased sickness absence, reduced productivity, the potential for accidents and economic ramifications for employers. Then there are the resultant problems for family and social life. This informative guide will be helpful to anyone interested in the issues around alcohol and drug testing. The authors have extensive experience of working in the field of occupational alcohol and drug screening and testing. Includes tips on :-  
# producing a drugs alcohol policy # legal issues # what drugs are commonly tested for? # testing methods # detection periods # when and why test? # some common drugs and their effects # a reference guide for units of alcohol # the collection process # offering support