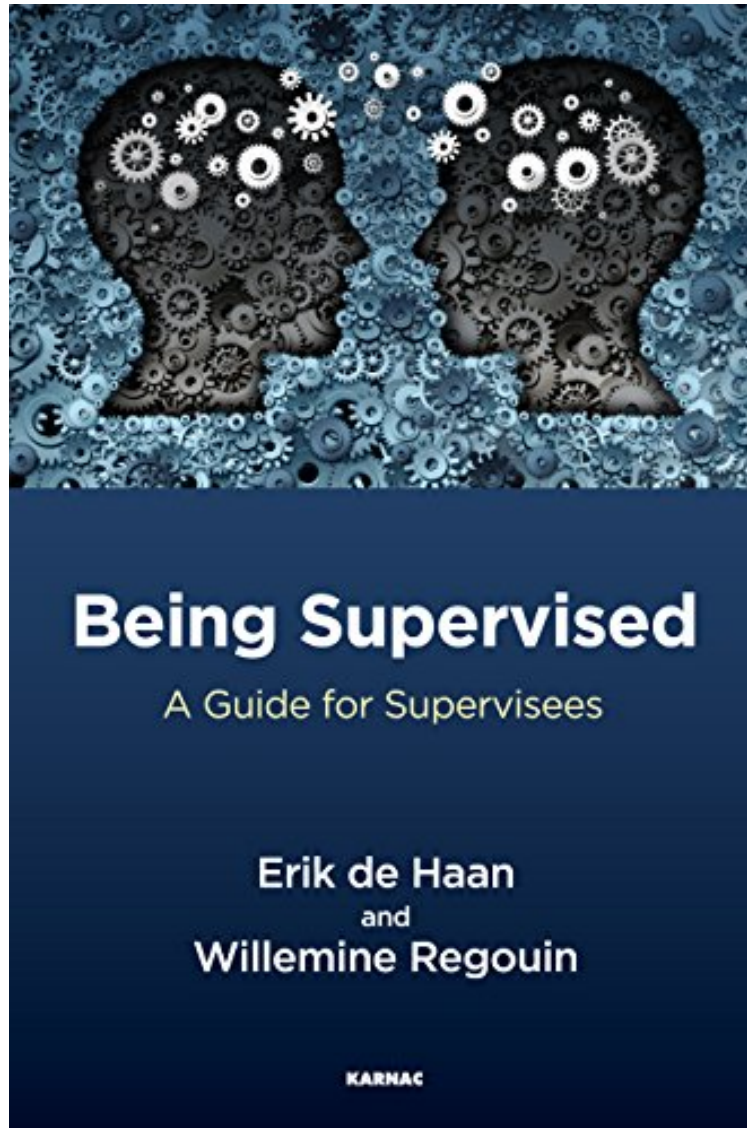


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Being Supervised: A Guide for Supervisees

Erik De Haan, Willemine Regouin
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Erik De Haan, Willemine Regouin : Being Supervised: A Guide for Supervisees before purchasing it in order to gauge whether or not it would be worth my time, and all praised Being Supervised: A Guide for Supervisees:

We know from experience and research that supervisory relationships can be immensely rewarding and developmental. Yet the same relationships can also be, and often are at the same time, highly anxiety-provoking and conflictual. Supervision as a developmental process is often mixed with quality assurance, performance reports, or marking and evaluation. Such processes only amplify the substantial power relationships that are part and parcel of

supervision and they make engaging well with a supervisor really tough and challenging. This book helps supervisees to get the most out of supervision and reap the unique and substantial benefits that can indeed be found on this profound journey.

"Why aren't there more books for supervisees? This book by Erik de Haan and Willemine Regouin tackles that question and provides an answer to it. A practical, down-to-earth, sensible guide to help both new and experienced supervisees get the most from supervision, this updated text speaks to the modern supervisee. It's the kind of book that I would have loved to have thirty years ago when I first started supervision -- something I could confidently give to supervisees to help them be more knowledgeable and skilled as supervisees and more able to partner supervisors on that learning from practice journey. (Michael Carroll, PhD, Visiting Industrial Professor University of Bristol)"This book is applicable for individuals in multiple professions, including coaching professionals, organisational consultants, teachers and psychotherapists. Working in an organizational setting as an internal executive coach, I have found this book very practical with helpful instructions for guided self-reflection. Erik de Haan has added a modern twist to this classic work by Willemine Regouin with a strong focus on practical applicaiton and easy referencing which lends itself to dipping in and out and makes it suitable for our busy modern lives. I would recommend this book to anyone who starts on the journey of supervision." (Stephanie Conway, Google Internal Coach and Supervisor)About the AuthorErik de Haan is a Senior Consultant at Ashridge Consulting at Ashridge Management School. He was previously a consultant in the Netherlands and researcher at the University of Utrecht. He has written more than 150 articles and eleven books in different languages, among which are Fearless Consulting, Relational Coaching, Supervision in Action, and Pocketbook Team Coaching. The Dutch edition of his book Learning with Colleagues has been a bestseller in the Netherlands and he has also written a book on the importance of Shakespeare's King Lear for managers.Willemine Regouin was a supervisor and educator of supervisors in Holland for many decades. Willemine also taught philosophy and published the first edition of Being Supervised: A Guide for Supervisees in 1991.