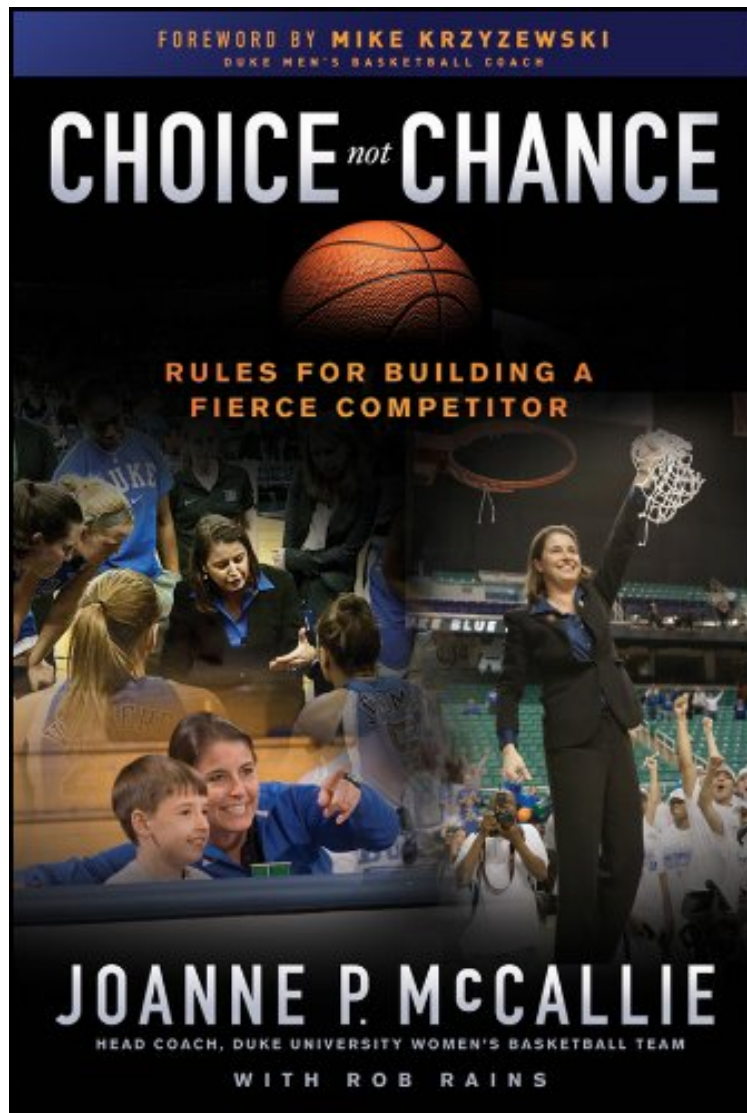


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Choice Not Chance: Rules for Building a Fierce Competitor

Joanne P. McCallie

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0 of 0 people found the following review helpful. All AspectsBy CustomerThis book covers the gambit of the struggles and successes that come from running a successful collegiate team. Snarf snarf.1 of 1 people found the following review helpful. InsightfulBy Kevin J ThompsonA solid read by the "other" coach in Duke's basketball program. Coach P does a very good job sharing how to encourage players to work hard without degrading a player personally. This is book is as much about learning how to coach in our current society, as it is about staying true to

yourself as a person. Great book!
10 of 0 people found the following review helpful. great ideas and info
By Richard B. Cotter
Easy reading, good insight from a very well respected coach. I will pass this along to my two assistants to read

Foreword by Mike Krzyzewski, Duke's Men Basketball Coach
A celebrated coach reveals the secrets to building a fierce competitor
At age 26, Joanne P. McCallie, a.k.a. Coach P, began her career at Maine, where in the span of eight years, she elevated the women's basketball program to a very competitive team that outdrew the men's crowds, a rarity in college sports. Over her tenure, she created the Choice Not Chance (CNC) philosophy, training kids how to think and focus on making the correct choices in life. She imparted her passionate philosophy to all of her players and now brings it to her efforts as head coach at Duke. Choice Not Chance highlights McCallie's lessons for building a fierce competitor, such as "Going against the grain," "Never become satisfied," and "Enjoy the prospect of getting better daily." The CNC philosophy is widely used by McCallie, her staff, and players, who are very active in the community speaking about "CNC." Joanne P. McCallie is head coach of the Duke Women's Basketball team and was the ACC Coach of the Year in 2010. McCallie became the first coach in Division I history to be crowned champion in four different conferences, as well as the first coach in NCAA history to garner coach of the year accolades in four different leagues. A native of Brunswick, Maine, McCallie owns a career mark of 431-174 and is entering her 20th year as a head coach at Maine, Michigan State and Duke; as a coach and player, she has led her teams to 15 conference titles, 19 NCAA Tournament appearances, seven NCAA Sweet 16 appearances, five NCAA Elite Eight appearances, three NCAA Final Four appearances and three NCAA Championship game appearances. During the 2004-05 season at Michigan State, she won the Big Ten Regular Season and Tournament Championship en route to a National Championship game appearance. For her efforts she was named the Associated Press National Coach of the Year. McCallie has taught her teams to play with passion and fight hard for recognition, and her teams have achieved remarkable success. Apply her wisdom to your teams, your employees, and your own life.

From the Inside Flap
Throughout her pioneering career in college basketball, Coach Joanne P. McCallie has followed a simple philosophy: Choice, not chance, determines destiny. Choose to become a champion in life. From her first head coaching position at age 26 to her current role as head coach for the Duke Blue Devils, McCallie has enjoyed sharing these principles with her winning teams and the youth in the communities where she and her family have lived. Now you can apply this tested approach to your work and life challenges with Choice Not Chance. Going beyond McCallie's highlights and victories, this book reveals the daily work her leadership demands, including the sacrifices, setbacks, loneliness, and joys she experienced as she persevered in developing her beliefs. It also includes how she drew strength from other leaders, including Joe Ciampi, Tom Izzo, legendary Duke Coach Mike Krzyzewski, and, briefly but poignantly, iconic women's basketball coach for NC State, Kay Yow. In Choice Not Chance, you'll find universal, no-nonsense lessons for anyone who wants to be the best and inspire those around them. You'll learn to build stronger teamwork, make better and more effective decisions, and foster competition as you discover how to:
Think reasonably and make decisions based on reason over emotion
Ignore the "scoreboard" and focus on what's important to be a process-driven thinker
Attract the right people to work in your organization by virtue of your principles
Lead under any circumstances
Create a competitive cauldron and love what competition teaches
Joanne P. McCallie's career highlights how determination, hard work, and living passionately can energize us to go beyond our limits and achieve our dreams. Let her wisdom inspire you to pursue your highest goals in business and life, and make your success a matter of Choice Not Chance.
From the Back Cover
PRAISE FOR Choice Not Chance
"Choice Not Chance is an incredible exploration into the life of a loving mother and phenomenal coach whose leadership for women's basketball has truly been indispensable. She has time and again represented the highest ideals of sport and is a role model not only for her daughter, Maddie, but all daughters across our nation." —U.S. Senator OLYMPIA J. SNOWE (Maine)
"Coach P. has taken her formula for winning on the court and has implemented her successful plan for winning into daily life. She shares her sacrifices on her journey to becoming a Coach and experiences as a dedicated mother and wife. A revealing story of Coach P.'s focus and commitment to success on and off the court." —JOE CIAMPI, Women's Basketball Head Coach (1979–2004), Auburn University; Women's Basketball Hall of Fame Inductee (2005)
"Coach P. has written a must-read book for leaders of all types—including everyday leaders. She persuasively demonstrates that choice is a verb and not just a noun, that one's destiny is achieved by conscious decision making and forward movement. Even in her moments of personal vulnerability, she braids together strong threads of story, lessons, and advice. For all of us who sometimes need both inspiration and a push—as she does on the basketball court—Joanne P. McCallie delivers in this book." —JENNIFER GRANHOLM, two-term Governor of the State of Michigan
"Joanne P. McCallie is inordinately bright and an exceptional leader both on and off the court. To be sure, her enthusiasm and passion for the game of women's basketball, and Duke University in general, is exceedingly contagious. That passion comes through clearly in the pages of Choice Not Chance." —KEVIN M. WHITE, Duke University Vice President and Director of Athletics
About the Author
Joanne P. McCallie is Head Coach of the Duke Women's Basketball team. The ACC Coach of the Year in 2010 and AP National Coach of the Year in 2005, she's in her fifth season at the helm of the Blue

Devils' program. McCallie became the first coach in Division I history to be crowned champion in four different conferences, as well as the first coach in NCAA history to garner "coach of the year" accolades in four different leagues. She has accumulated more than 450 wins as a head coach at Maine, Michigan State, and Duke. As a coach and player, McCallie has led her teams to nineteen conference titles, three NCAA Final Fours, and three NCAA National Championship Games. Rob Rains is the author of twenty-eight nonfiction books including autobiographies of Ozzie Smith and Jack Buck. He is currently sports editor of the St. Louis Globe-Democrat, an online daily newspaper, and an adjunct professor in the school of communications at Webster University.