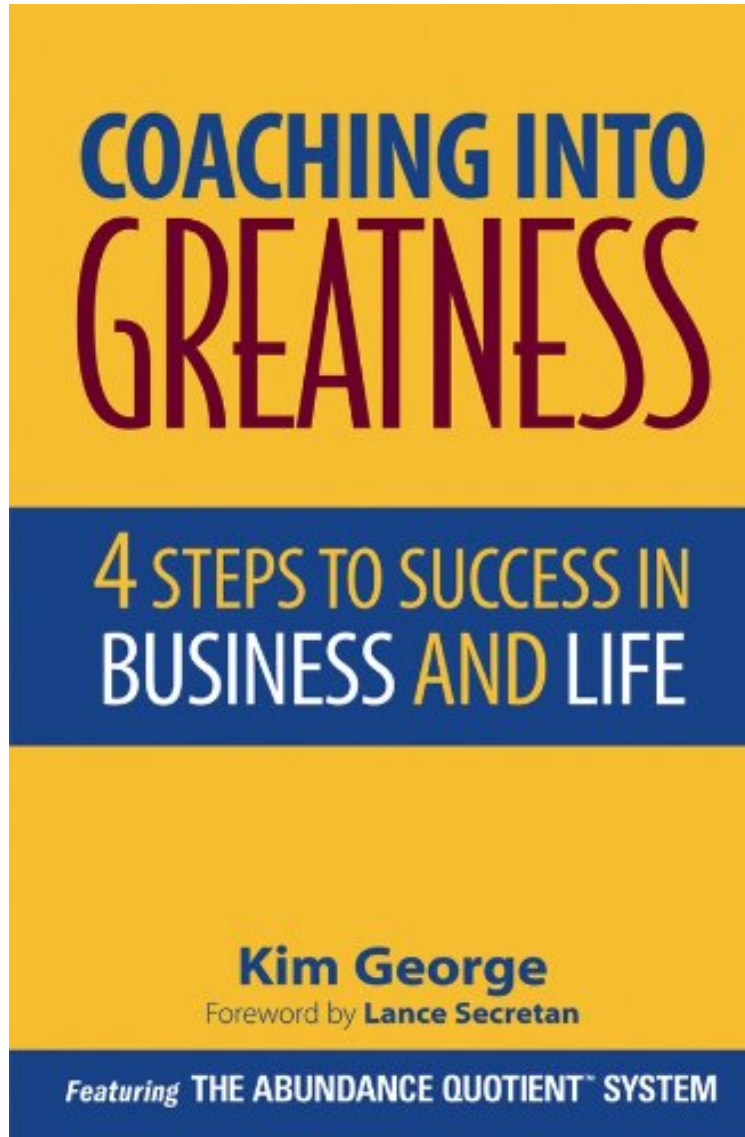


(Free read ebook) Coaching Into Greatness: 4 Steps to Success in Business and Life

## Coaching Into Greatness: 4 Steps to Success in Business and Life

*Kim George*

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**Kim George : Coaching Into Greatness: 4 Steps to Success in Business and Life** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Coaching Into Greatness: 4 Steps to Success in Business and Life:

0 of 0 people found the following review helpful. Realizing your inner greatness.By K. DavisCoaching Into Greatness is written for absolutely everyone and provides very simple steps that will allow you to accomplish your goals personally and/or professionally. The tone of the book is not not preachy or judgmental, just informative. In fact, Kim uses stories from her own life to illustrate many points throughout the book. It's an easy read that has allowed me to

accomplish concrete steps towards my goals and allow me to grow in ways I could only have imagined. Coaching into Greatness allows you to learn/recognize things about yourself that you might not have seen before. With the help of the book, you become aware of what's keeping you from living up to your highest potential, and most importantly: how to overcome it. This book is different from most "self help" books. Its viewpoint is that you already possess the needed skills and you must start doing what you can do NOW to live into greatness. It was a life-changing book for me, and one that I HIGHLY recommend. 8 of 9 people found the following review helpful. Cutting Edge Growth Strategies... By Fred Heath I initially thought this book was for coaches only. Boy was I wrong! This book is like a coach unto itself, helping people get rid of the illusions that limit our life. I've read tons of self-help books, business and leadership books, as well as books on spiritual growth. Kim George's manual on success stands among the best of them all, and is uniquely different from the rest in that she created her own paradigm and language for success--AQ, or Abundance Intelligence. This book is easy to read if you are genuinely wanting to take your life to the next level. However, there will be moments when if you genuinely do the exercises, you'll be forced to confront your most limiting beliefs. As I go through that process, having created my Declaration, and am working on all of my exercises and questions, I find myself growing in new ways. Here are some golden nuggets from the book. If these "Kimisms" (my word, not hers!) resonate with you, you need to read this book! \* You are the significance you've been waiting for! \* Struggle is strictly overrated! \* You are authentic when you are living your life according to the truth of who you are. Frederic Gray 4 of 7 people found the following review helpful. Business Coach By F. Andrews I found this book very informative, and down to earth. Often books of this type are dry and didactic. I like the way the writer blends her own experiences and those of her clients into the writing. This book is more like reading a letter from a good friend than a "How-to" text. I'm a business coach myself. I learned a lot about how to coach and about myself as well!

Internationally acclaimed business coach and consultant Kim George provides an easy-to-master process for coaches to bring out innate greatness and achieve peak performance. George introduces a new kind of intelligence quotient, Abundance Intelligence. AQ is the key to living into greatness, moving from a mentality of scarcity to one of abundance. Using her proven four-step process, you will learn to move your clients past their illusions to embrace the abundance aptitudes of self-worth, empathy, self-expression, surrender, actualization, significance, and inquiry. Personal examples, client case studies, and profiles of highly successful individuals demonstrate how the process works and how it helps individuals live into greatness.

From the Inside Flap Are you doing what you can do today? Internationally acclaimed business coach and consultant Kim George provides an easy-to-master process for coaches, business owners, and leaders to bring out innate greatness and achieve peak performance. Individuals can step out of their safe but stagnant lives and, without struggle, do the things they most want to do by understanding and developing a revolutionary kind of intelligence, called Abundance Intelligence (AQ). According to Kim George, the key to living into our greatness is moving from a mentality of scarcity to one of abundance. Her book awakens you and your clients to the real reasons people get stuck and don't do what they can do by introducing the concept that the ultimate scarcity is resisting who you are, often caused by past events, circumstances, or experiences. With this awareness, clients learn that they already have everything they need to do the things they want. Next, Kim George sets forth a four-step, cyclical living-into-greatness process that enables you and your clients to experience and build on success. The living-into-greatness process is brought to life in discussions of seven key illusions: the illusions of not-enough, comparisons, struggle, control, time, hope, and certainty. Using the four-step living-into-greatness process, you'll learn to move anyone past the illusions to embrace the seven key abundance aptitudes of self-worth, empathy, self-expression, surrender, actualization, significance, and inquiry. Personal examples from the author's own life, client case studies, and profiles of highly successful individuals demonstrate how the process works and how it helps individuals live into greatness. This rigorous, tested approach is recommended for all coaches, business owners, managers, and leaders. From the Back Cover Praise for COACHING INTO GREATNESS "Reading Coaching into Greatness is an inspirational gift to yourself, to those you work with, and to those you care about. Through the brilliance of Abundance Intelligence, this book injects success into your life, bringing you face to face with your greatness." — Jack Canfield, coauthor of the Chicken Soup for the Soul reg; series, Dare to Win, The Power of Focus and The Success Principles: How to Get from Where You Are to Where You Want to Be "Powerful! This book demonstrates how successful people embrace abundance not just as a monetary tool, but also as a tool to achieve true happiness. Read this book to pinpoint where scarcity is holding you, your business, or your team hostage." — Dr. Ivan Misner, founder and chairman of BNI and bestselling author of Masters of Success "The fastest and surest way to success is helping others achieve their own dreams. So even if you're not a professional coach, read Coaching into Greatness to become a better coach — for your employees, your family, your friends, and yourself." — Keith Ferrazzi, national bestselling author of Never Eat Alone: And Other Secrets to Success, One Relationship at a Time "This is not the 'same old, same old' as far as coaching books go. Kim's energy jumps off the page and grabs you with wit, insight, and practical good sense. Greatness is a given if you follow the advice herein. Don't keep your greatness waiting any

longer." —Laura Berman Fortgang, MCC, author of *Now What? 90 Days to a New Life Direction; Living Your Best Life; and Take Yourself to the Top* "Catapult your business and life forward by reading this book. Kim's wisdom and generosity ooze off the pages. This is an opportunity to learn from a master. Be prepared for more solid, usable information than you've ever seen inside any one book." —Marcia Wieder, author of *America's Dream Coach*; and founder, [DreamCoachU.com](http://DreamCoachU.com) "Life changing! The principles in this practical book have the ability to literally transform the soul of your business and the heart of your soul. Coaching into Greatness is an oasis of hope in a desert of despair. Listen in as the author clearly lays out a life plan you can read about today and apply tomorrow."

—Stephen Fairley, MA, RCC, bestselling author of *Getting Started in Personal and Executive Coaching* and CEO of the Business Building Center

About the Author Kimberly George is the founder and CEO of The AQ Institute, a coaching, consulting, and training company focused on bringing Abundance Intelligence™ to the world. To find out more, visit [www.AQInstitute.com](http://www.AQInstitute.com). Networking and marketing are Kimberly's other passions. She is a dean of the Directive Coaching School for The Referral Institute ([www.referralinstitute.com](http://www.referralinstitute.com)), a coaching, training, and consulting company focused on referral marketing. As pioneer coach for the Social Capital Networking community, Kimberly collaborated with Dr. Ivan Misner, founder and chairman of Business Network International (BNI) in developing a 25-hour curriculum that she co-leads with Dr. Misner. For more information and free networking resources, visit [www.networkingcommunity.com](http://www.networkingcommunity.com). Prior to becoming an author, Kimberly was vice president of strategic alliances for CoachVille, the world's largest coaching organization. Kimberly founded the Western Mass Coaching Alliance in her community of Springfield, Massachusetts, and also conducted a radio show, *Coach Live*, for two years on WARE 1250 AM. Kimberly's diverse background includes a B.S. in paralegal studies, two years as a VISTA volunteer, and nearly 12 years in the health-care industry in various marketing, volunteer management, fund-raising, and public relations capacities. Kim lives in Springfield, Massachusetts, with her husband, two dogs, two cats, and a cockatiel named Mr. Bird.