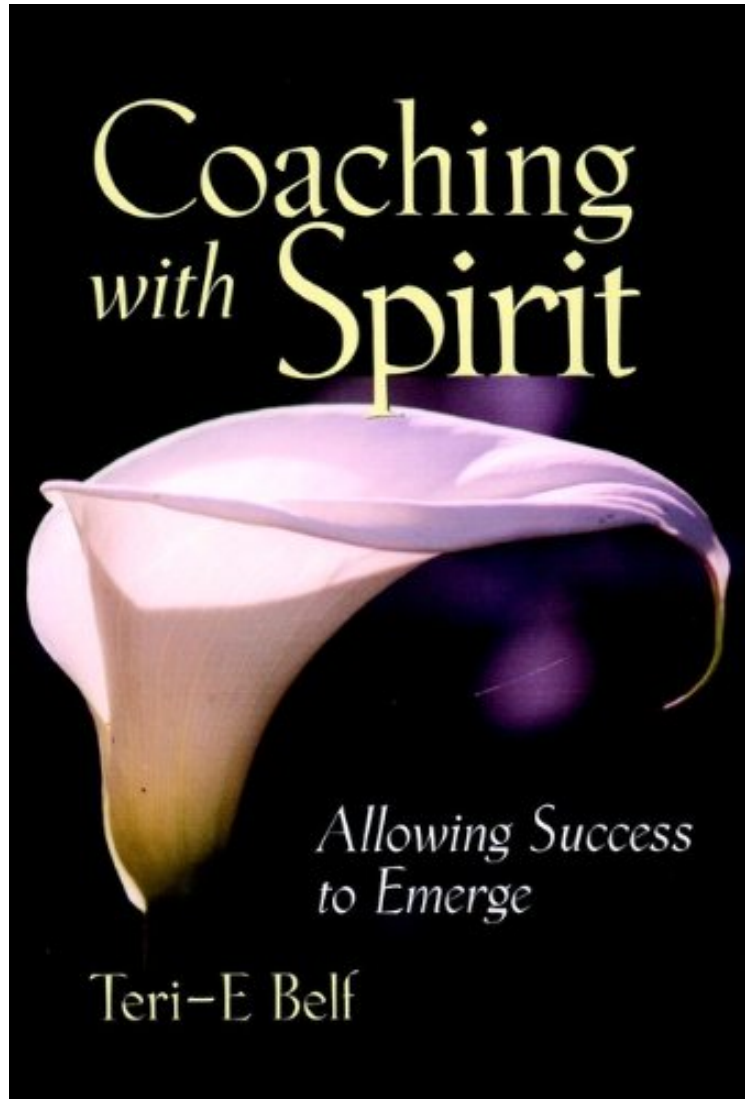


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Coaching with Spirit: Allowing Success to Emerge

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Coaching with Spirit is an uncommon resource that shows you how to enhance your effectiveness by integrating spirituality into your professional interactions with clients. Written for coaches, managers, and allied professionals who work with clients such as therapists, consultants, career management practitioners, pastoral educators, NLP practitioners, students and those considering these professions. This book is not a primer on spirituality but rather it is a guide that suggests practical ways you can welcome Spirit into your business. The foundation for this work is the Kybalion, the Greek and Egyptian hermetic philosophy. Author Teri-E Belf, MA, BCC and the world's first MCC, along with 50 other contributors, offer reflections and actions for revitalizing your coaching style with 3 key spiritual concepts (CPR): Connection-- increase connection with yourself, your client, and the whole

From the Inside Flap "We are not human beings having a Spiritual experience. We are Spiritual beings having a human experience."-- Pierre Teilhard de Chardin Few would argue with Chardin's profound statement but the question is: How can you tap into the potential of your Spirit in your role as a professional? Coaching with Spirit is an uncommon resource that shows you how to enhance your effectiveness by integrating spirituality into your professional interactions with clients. Written for coaches and managers-- of all types and levels of expertise-- this book is not a primer on spirituality but rather it is a guide that suggests practical ways you can get into "the zone" and welcome Spirit into your coaching business. Author Teri-E Belf outlines a plan of action for breathing new life into your coaching style and provides the guide you need to perform the following CPR on your coaching business: * Connection-- increase connection with yourself, your client, and the whole * Present-- be fully available in the present moment * Responsible-- able to respond and be accountable for your choices Coaching with Spirit clearly shows how to develop the intuitive aspect of your coaching style and is filled with illustrative interviews and stories from coaches, coach leaders, executive coaches, coaches, and clients. Explore three key spiritual principles, exemplified in the concrete examples of when Spirit is present in a myriad coaching situations. Transform your coaching using the reflections and suggestions for practical applications. By using Coaching with Spirit as your guide, you can learn to increase your awareness and become a coach that is integrative, intuitive, creative, and allow you and your client's success to emerge. From the Back Cover "Coaching with Spirit belongs in the library of senior executives, managers, and everyone in a leadership position who seeks to bring about deep transformation within their clients and organizations. Spirit is at the heart of health and high-performing organizations." --G. Lee Salmon, executive coach, Federal Consulting Group, Department of Treasury "Coaching IS spirituality-believing in and accessing the best in people is what it is all about. Teri-E Belf has captured the why and how of it and no one who says they coach others should practice without this book as their guide." --Laura Berman Fortgang, author, Living Your Best Life and Take Yourself to the Top: Secrets of America's #1 Career Coach "After a 41-year career in Spirit Watching, I know Teri-E Belf has created a treasure in Coaching with Spirit. You the readers, will better understand the role of Spirit (how to access, use and be used by Spirit). Read this book. It will be good for you." --Harrison Owen, author of ten books, discover of Open Space Technology, and Internationally recognized consultant in organizational culture and organization transformation "As the captain of a U.S. Navy aircraft carrier, I was guided by the stars and stayed on course using a chart, compass, and rudder. As a coach, I am guided by the concepts of Connection/Present/Moment/Responsibility revealed in Teri-E's extraordinary Spiritual based writing." 3/4Rear Admiral Ed Allen USN (ret) and vice president, Defense Operations, Oracle About the Author Terri-E Belf-- coach, coach trainer, speaker, and author-- is the founder of SUN (Success Unlimited Network), and ICF-accredited coach training school, and a coaching community comprised of coaching professionals committed to their spiritual practice.