

[Download free pdf] Slow Food Nation: Why Our Food Should Be Good, Clean, and Fair

## Slow Food Nation: Why Our Food Should Be Good, Clean, and Fair

*Carlo Petrini*

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**Carlo Petrini : Slow Food Nation: Why Our Food Should Be Good, Clean, and Fair** before purchasing it in order to gage whether or not it would be worth my time, and all praised Slow Food Nation: Why Our Food Should Be Good, Clean, and Fair:

5 of 5 people found the following review helpful. Slow Food Can Change the WorldBy Pam Warren's PicksA great book for anyone wanting to know about the 20 year old revolution of slow food that began in Italy...buying locally grown and produced foods to provide the healthiest foods for our bodies and to take care of our planet as well. If

you're into agricultural and ecological sustainability or your not, but you either want to be a part of it or are curious about it...this book is the one to start with. An easy read and highly recommended.0 of 0 people found the following review helpful. excellent bookBy Eryn Kathleengreat intro to america's everlasting abundance of food and production means, that are leading us to debatable methods of unfair production.perfect for someone who is interested in food justice, GMO's, cultural salvation, and finding truly GOOD, CLEAN and FAIR food for their families or themselves.change what you eat, change the world0 of 0 people found the following review helpful. Five StarsBy MarkLove slow food

By now most of us are aware of the threats looming in the food world. The best-selling *Fast Food Nation* and other recent books have alerted us to such dangers as genetically modified organisms, food-borne diseases, and industrial farming. Now it is time for answers, and *Slow Food Nation* steps up to the challenge. Here the charismatic leader of the Slow Food movement, Carlo Petrini, outlines many different routes by which we may take back control of our food. The three central principles of the Slow Food plan are these: food must be sustainably produced in ways that are sensitive to the environment, those who produce the food must be fairly treated, and the food must be healthful and delicious. In his travels around the world as ambassador for Slow Food, Petrini has witnessed firsthand the many ways that native peoples are feeding themselves without making use of the harmful methods of the industrial complex. He relates the wisdom to be gleaned from local cultures in such varied places as Mongolia, Chiapas, Sri Lanka, and Puglia. Amidst our crisis, it is critical that Americans look for insight from other cultures around the world and begin to build a new and better way of eating in our communities here.

ldquo;Petrini builds his case against fast food and offers ways to bring back the balance between nature and our table.rdquo; ~Bon Appetitldquo;The book is an earthy, through treatise on eating well.rdquo; ~Whole Livingldquo;In *Slow Food Nation*, Petrini demonstrates the ultimate mission of the Slow Food Movement by exposing the dangers of the food industry, which include genetically modified organisms, chemicals, and pesticides.rdquo; ~WholeFoods MagazineAbout the AuthorCarlo Petrini is the founder and driving force of Slow Food and was recently acclaimed as a great innovator in Time magazine's list of "European Heroes."nbsp;In May 2016, the United Nations named him "FAO Special Ambassador Zero Hunger for Europe."From the Hardcover edition.