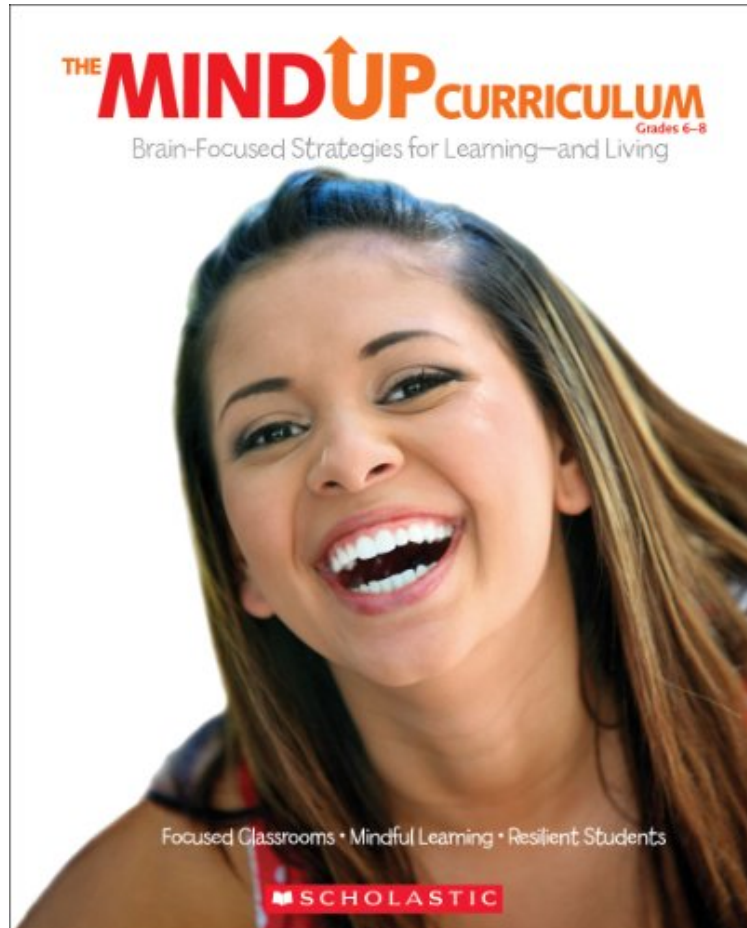


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## The MindUP Curriculum: Grades 6ndash;8

*The Hawn Foundation*  
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This research-based curriculum features 15 lessons that use the latest information about the brain to dramatically improve behavior and learning for all students. Each lesson offers easy strategies for helping students focus their attention, improve their self-regulation skills, build resilience to stress, and develop a positive mind-set in both school and life. The lessons fit easily into any schedule and require minimal preparation. Classroom management tips and content-area activities help you extend the benefits of MindUP throughout your day, week, and year!Includes a full-

color, innovative teaching poster with fascinating facts about the brain!

About the AuthorThe Hawn Foundation, in collaboration with neuroscientists, behavioral psychologists, educators, and leading researchers in the field of social and emotional learning, has developed MindUPtrade; instructional materials and trainings for teachers of grades PreK–8. A key contributor is Judy Willis, renowned neurologist, middle school teacher, and brain.