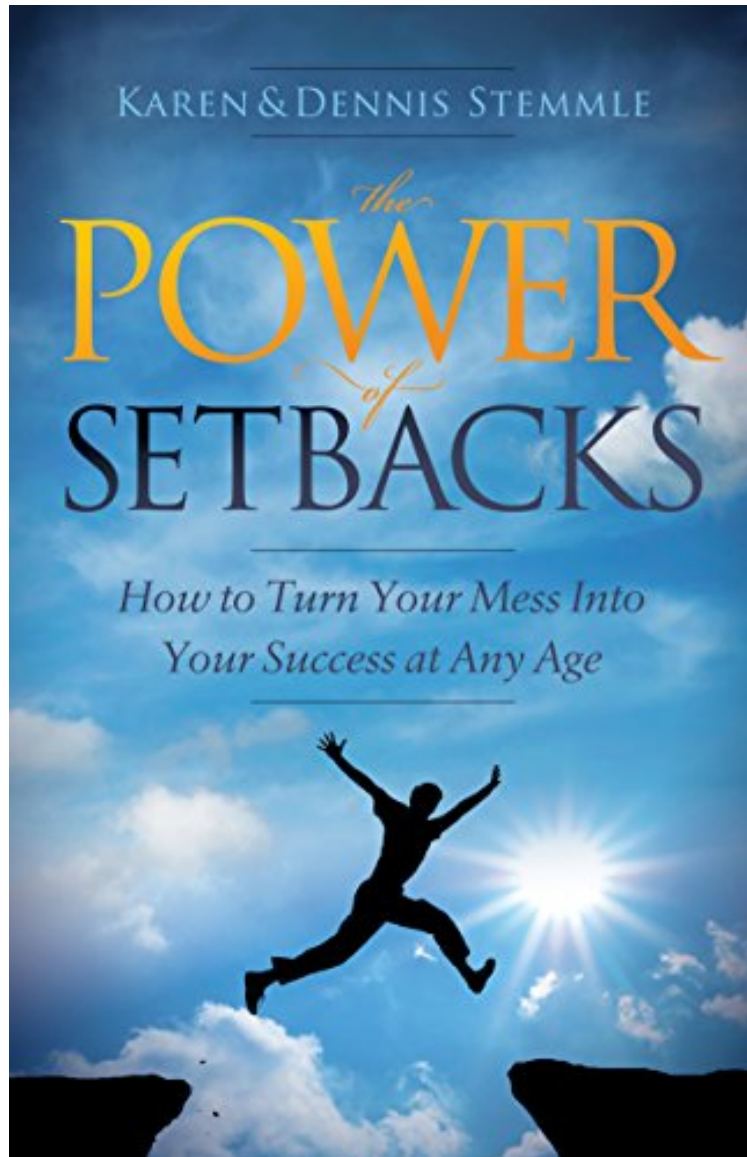


(Read ebook) The Power of Setbacks: How to Turn Your Mess Into Your Success at Any Age

## The Power of Setbacks: How to Turn Your Mess Into Your Success at Any Age

*Karen Stemmler, Dennis Stemmler*  
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**Karen Stemmler, Dennis Stemmler : The Power of Setbacks: How to Turn Your Mess Into Your Success at Any Age** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Power of Setbacks: How to Turn Your Mess Into Your Success at Any Age:

0 of 0 people found the following review helpful. Inspirational! A must read!By customerHave you ever found yourself asking.... is this all there is to life? If you have ever felt lost or stuck, this book is for you. So many books

over promise and under deliver or just give you concepts with no guidance on how to implement those concepts. Karen and Dennis Stemmler's story is not just inspirational, but they provide an easy to follow roadmap that will help you get the most out of your life. Anyone facing a challenge, wanting to start their own business, or just plain wanting to improve their state of mind will find this book beneficial. I especially enjoyed the chapter on creating your Life Vision Alignment model. 0 of 0 people found the following review helpful. Inspiring book about responding to adversity and taking control of your life. By Chris J. When I picked up this book I thought it was going to be about learning from mistakes or how to mentally prepare and deal with serious health issues. It was that and so much more. I didn't realize that I was going to tag a long on a journey that was ultimately about survival, prioritizing what matters most to you in life, and turning that newfound focus on living into a practical business. A very thoughtful and refreshing read that was hard to put down. 0 of 0 people found the following review helpful. ... study" of adversity and working through it to the best of one's ability. By Customer. An inspiring and informative book that provides a real-life "case study" of adversity and working through it to the best of one's ability. Karen and Dennis don't just provide a blue print for how to survive, but how to thrive. I hope to see more titles published in the near future.

"The Power of Setbacks" is an inspirational journey highlighting the author's struggles with cancer and how it unexpectedly led to an amazing new life. It's all about the intersection of life and work, connecting with family, and redefining what really matters the most in life. "The Power of Setbacks" is filled with practical advice and insights on overcoming challenges, achieving your dreams, and creating your own success. Their journey began as a distraction. After being diagnosed with cancer, the authors turned to garage and estate sales as a way to distract them from their harsh reality. The sales brought smiles to their faces, kept their minds from wavering with doubt, and over the course of their travels, infused their lives (and their home) with new and exciting objects that carried historical and personal meaning. But as their house began to bust at its seams, they decided it was time to turn their collection into a business. The next few years were welcomed with sale after sale. And as they learned more, grew more, and dove deeper into the garage and estate sale world, they quickly realized they were onto something. And it was not just limited to garage sales. "The Power of Setbacks" is the story of their journey. But more importantly, it is a resource guide to build your own small business and then scale it to amazing heights, all while having fun during the process. Are you unhappy with your current job? Could you use supplementary income? Are you ready to make a change? Whatever the case may be, "The Power of Setbacks" is your handbook to create a new reality for you and your family.

About the Author Dennis Karen Stemmler are two of the foremost online entrepreneurs in the world and the authors of the international bestseller "Ultimate Marketing Hacks: 241 Proven Marketing Hacks That Ignite Sales and Allow You to Dominate Your Competition." Excerpt. copy; Reprinted by permission. All rights reserved. It was a sunny summer afternoon in Barrington Hills, Illinois when we set out for a quick drive through horse country. There is something about watching a group of horses running in the open pastures that just seems to relax me. I enjoy watching the foals run, jump and play alongside their moms. To me, the scene represents a sort of carefree, fun freedom for which we all seem to long. Along the way, our family came across an estate sale sign and on a whim we decided to go check it out. Little did we realize at the time that what we thought was an insignificant and random detour would set into place an unlikely chain of events, which would ultimately culminate in the amazing experiences that lead to writing this book. As we pulled up the winding driveway to the house, we immediately noticed an older Mercedes about 100 yards from the entrance to the home. In its window, there was a large handwritten sign that said "For Sale." Of course, my husband Dennis had to immediately pull over to check out the available vehicle. After inquiring, we learned that the lady's husband had recently passed away and she was moving to Florida to be closer to her grandchildren. Since we had lived in numerous cities in Florida, we struck up a very nice conversation about Florida and how much we missed the beaches and warmer climate. After about 10 minutes, we headed up to a beautiful split level home on a sloping lot with an English walk out basement. As we walked in the front door, my eyes were immediately drawn to a piece of artwork still hanging over the fireplace. The art depicted a picture of a lake along a hilly landscape. The scene triggered a flow of childhood memories that brought back a flood of emotions all at once. When I was a child, my entire family would head up to Lake San Antonio in California for a week of family fun and bonding. We would roast marshmallows, hike, boat, and play all day long on the beach. The picture in front of me transported me back to those cherished vacations. The feeling was so strong that I could not only close my eyes and see our camper lakeside, I could even smell the Kentucky Fried Chicken we would always pick up to eat on the first night by the campfire. As I returned back to the moment, we realized we were blocking the entrance for the group of people coming into the home and decided to move into the living room to take a closer look at the painting. We spent a few minutes in front of that picture and I started telling Dennis about the stories from my childhood. Over half an hour flew by as we sat there talking. But it was in that half-hour that, for the first time, I had escaped the then current reality of my battle with cancer. The conversation was energizing and I was excited to walk through the house and see what else we might find. I really don't recall much else about the items in the home, but the feelings I felt that day would not leave my thoughts for weeks to come. So much so that I was excited to head to any estate or garage sale I

could find. That hour or so had changed everything for me, as I had reverted back in time and relived warm yet dormant memories. And it was through that experience and that moment that I knew I could never give up the fight, as I knew I had way too many memories yet to create with my own family. It was that picture at that house at that estate sale that gave me all I needed to remain motivated and inspired to do all I could to win my battle against cancer. Over the coming weeks and months, we became regulars at garage sales, yard sales, bazaar sales, flea markets, antique malls, and anywhere else we might find treasures from the past. We started to purchase things that brought back positive memories from our past or elicited some meaningful emotions from within. We also started to purchase items we just found to be unique or even represented just a plain old good deal. But I really knew we were in trouble when Dennis muttered in disbelief that they were asking only \$1 for a bunch of all-weather floor mats. To my surprise, he sold them three days later for \$78.00. I wasn't the only who caught the bug: He was hooked as well. On only our second estate sale visit, we came across a group of pictures and posters in a room that were each marked for \$3.00 a piece. As we looked through the pile we noticed a couple of the posters were actually signed. One in particular was a Jazz festival poster from 1997 that was signed by B.B King and eleven or twelve other artists. The poster turned out to be worth \$1,500, and if our first estate sale did not have us hooked, this trip sealed the deal for us. We quickly learned that for most people who owned the piles of treasures, they just wanted it to be moved, and were willing to almost give it away. The most efficient way for them to move these items out was to group them into logical bundles and mark them for sale. What had started as a simple escape, had now turned into a weekly excursion and treasure hunt that the whole family would look forward to; a treasure hunt that would provide us life lessons while creating new memories, and lead us on a completely new direction in life. *The Journey: How Garage Sales Kept Us Going*